




May 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 Exercise Class- TC/DR 10:30 Dominoes - CR 12:30 Tuck Shop – GH 1:30 Coffee w/ the Chaplain 3:00 Choir Practice - CR 4:45 Terrace Potluck - TVCC	2 9:30 Stanley Park Mall 9:30 Mat/Chair Yoga - TC 10:30 Interdenominational Worship Service – TVCC 2:00 Dominoes - CR	3 9:30 Exercise Class– TC/DR 10:30 Front Porch Travels Discussion Group - CR 1:30 KPL Service - CR 2:00 Jeopardy - CR	4 10:00 Crossword Puzzle - CR 1:30 Nutrition Meeting - CR 1:30 Cards – RR 3:00 Humour Discussion: Videos that make us laugh – CR	5 9:30 Exercise Class– TC/DR 10:30 Resident Council - RR 2:30 BINGO - DR 6:30 Peer-to-Peer group with Mihaela - CR	6
7 10:30 Catholic Mass – TVCC	8 9:30 Exercise Class- TC/DR 12:30 Tuck Shop – GH 1:30 Hymn Sing – DR 6:30 Studios Pub Night and Movie on the Big Screen - DR	9 9:30 Belgian Nursery 9:30 Chair Exercise - TC 10:30 Interdenominational Worship Service – TVCC 1:30 Cards - DR 2:30 Crossword Puzzle – CR	10 9:30 Exercise Class– TC/DR 10:30 Baking with Steve & Erin - CK 2:00 Entertainment by Jontue Elan – DR 3:30 Computer Basics - RR 5:00 Wings & Things Dinner	11 10:00 Giant Tiger 1:30 Cards – RR 2:00 Guest Speaker: “Mental Wellness: Grief And Loss” – DR 3:30 Mother’s Day Puzzles - CR	12 9:30 Exercise Class– TC/DR 10:30 Indoor Gardening w/ Hedi 12:00 Fish & Chips lunch - DR 1:30 Trivia - CR 3:00 Happy Hour – GH	13 Programs with Ingrid See Activity Board for Details
14 Mother’s Day 10:30 Catholic Mass – TVCC Programs with Ingrid See Activity Board for Details	15 9:30 Exercise Class- TC/DR 1:30 Bible Study – DR 3:00 Choir Practice - CR 6:30 Spring Fling with music by Pierre Maher – DR	16 9:30 MCC Thrift Store New Hamburg and Lunch at Anna Mae’s 9:30 Mat/Chair Yoga - TC 10:30 Worship Service – TVCC 3:00 Terraces Coffee Drop-in - TVCC	17 9:30 Exercise Class– TC/DR 10:30 Funny Dogs Discussion Group – CR 2:00 Entertainment by Kim Atkins - DR	18 9:30 Fairview Mall 12:00 Eggs Benedict Lunch 1:30 Cards – RR 2:00 May Tea Party - DR	19 9:30 Exercise Class– TC/DR 10:30 UNO – CR 2:00 BINGO – CR 3:00 Outdoor walk – GH 6:30 Peer-to-Peer group with Mihaela - CR	20
21 10:30 Catholic Mass – TVCC 2:00 Bingo with Tamara – DR 3:00 Beauty Parlour – RR	22 No Exercise Class  Victoria Day	23 9:30 Chair Exercise - TC 10:00 Baden Beantown Café 10:30 Interdenominational Worship Service – TVCC 12:00 Pancake Lunch – DR 1:30 Cards - DR 2:00 Crossword Puzzle - CR	24 9:30 Exercise Class– TC/DR 10:30 Cranium Crunches - CR 2:00 Dining Room Bowling 3:30 Computer Basics - RR	25 10:00 Shoppers Drug Mart 11:30 Dundurn Castle, Hamilton 1:30 Cards – RR 2:00 Guest Speaker: “Diabetes and Healthy Living” – DR 5:00 Special Dinner - CR	26 9:30 Exercise Class– TC/DR 10:30 Gardening w/ Hedi - OP 2:00 Jeopardy – CR 3:00 Happy Hour – GH	27 Programs with Ingrid See Activity Board for Details
28 10:30 Catholic Mass – TVCC Programs with Ingrid See Activity Board for Details	29 9:30 Exercise Class- TC/DR 12:30 Tuck Shop - GH 1:30 Worship Service - CR 3:00 Choir Practice - CR 6:30 Studios Pub Night and Movie on the Big Screen - DR	30 9:30 Mohawk Casino 9:30 Mat/Chair Yoga - TC 10:30 Interdenominational Worship Service – TVCC 1:30 Cards - DR 3:00 BINGO – DR	31 9:30 Exercise Class– TC/DR 10:30 Heads Up Guessing Game - CR 1:30 Monthly Birthday Party with Entertainment by Double Stop Fiddlers 3:00 Newsletter Prep - CR	May Birthstone  Emerald	May Flower  Lilly of the Valley	

LEGEND

DR – Dining Room
CR – Celebration Room
GH – Great Hall

TC – The Chapel
CF – Craft Room
CK – Community Kitchen

RR – Rec. Room
GR – Games Room
HS – Hair Salon

OP - Outdoor Patio
CG – Community Garden
LS – Lounges (2nd & 3rd Floors)

TVCC – Care Centre, Gathering Place