

A collection of youth and elders, towers and **red** wrigglers.



It was a young volunteer who wanted to explore compost waste management within the Trinity Village Terrace Townhomes on the property. With the energy of youth, Amanda drew up a proposal for funding and submitted it to the Region of Waterloo Community Environment Fund on behalf of Trinity Village Horticulture. Together we would explore the use of kitchen waste to feed a sustainable garden and in doing so understand the direct benefits of composting within an 'all in one' solution in the new Garden Grow Towers



The project brought together high school, home educated and university student volunteers, as well as elders from each of the segments of Trinity Village.

From March to the end of August, twenty participants, explored growing summer vegetables in a grow tower with an inner core of home kitchen compost and red wriggler worms. Together we learned about the best soils for planters, how red wriggler worms work in making compost, how to sow seed and care for vegetables in our towers and finally the joy of harvesting and eating home grown vegetables.

The project demonstrated a key component of sustainable living in the Region of Waterloo – growing your own food and managing kitchen waste at home.

It was supported by over 15 volunteer participants from Kitchener and Waterloo. If this project sparks your interest in volunteering with Horticulture at Trinity Village have a look at our volunteer section on the main horticulture web page.

We look forward to meeting you soon!



Project completed in financial partnership with:

