

Sample Menu



Breakfast Choices:

Assorted juices
Selection of hot and cold cereals
Assorted fresh fruits and low-fat yogurts
Freshly baked muffins and pastries
Whole wheat, white, or rye bread
Freshly Brewed Coffee and Tea



Lunch Choices:

Daily homemade soups

Entrées

Grilled Chicken Club Sandwich with tossed garden salad

Or

Cottage Cheese and fresh fruit plate served with warm tea biscuit.

Desert

Triple berry crumble with vanilla ice cream



Dinner Choices:

Honey Mustard Baked Chicken with mashed potatoes and asparagus

Or

Pan-fried perch with spinach and tomato sauce served with oven-roasted red potatoes, roasted peas, and turnips.

Desert

Pecan Pie

We are happy to work with individual residents to meet their specific dietary requirements.

