








Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		November Birthdays! Nov 3. - Dorothy M. Nov 3. - Sharika (staff) Nov 10. - Shrimati S.  Nov 18. - Simranjeet (staff) Nov 20. - Walter T. Nov 27. - Jasmine (staff)			9:30 Crossword Puzzles 1 10:15 Exercises 2:00 Bingo	7:30 Movie Night 2 
 3	9:30 Word Games 4 10:15 Exercises 2:00 Baking	10:00 Snowman Craft 5 10:30 RC Mass 2:00 Bingo 3:00 Visits w/ Heather	10:15 Exercises 6 1:30 Inter. Worship 2:30 Coffee & Chats w/ Cheryl - Remembrance Day Discussion & Craft	10:00 Gnomes Craft 7 2:00 Balance Exercises 2:30 Sleep Presentation	9:30 The Good News Report 8 10:15 Exercises 2:00 Bingo	2:30 7th Day Adventist Church Choir 9 7:30 Movie Night 
 10	10:30 Remembrance Service in Chapel 11 2:00 Fitness for Your Aging Brain 	10:15 Exercises 12 10:30 RC Mass 2:00 Bingo 3:00 Visits w/ Heather	10:15 Exercises 13 1:30 Inter. Worship 2:30 Coffee & Chats w/ Cheryl - Winter Craft	10:00 Ornament Craft 14 10:30 Inter. Worship 2:00 Balance Exercises 2:30 Muscle & Bone Presentation	9:30 Yahtzee 15 10:15 Exercises 2:00 Bingo 	10:00 Festive Market 16 7:30 Movie Night 
 17	10:15 Exercises 18 2:00 Fitness for Your Aging Brain 	10:00 Nutrition Meeting 19 10:30 RC Mass 2:00 Bingo	10:15 Exercises 20 1:30 Inter. Worship 2:30 Coffee & Chats w/ Cheryl - Winter Crafts	10:00 Seed Saving Program 21 10:30 Inter. Worship 2:00 Balance Exercises 2:30 Chronic Illness Presentation	9:30 UNO 22 10:15 Exercises 2:00 Bingo 	7:30 Movie Night 23 
 24	9:30 Board Games 25 10:15 Exercises 2:00 Fitness for Your Aging 	10:00 Decorate for Christmas 26 10:30 RC Mass 2:00 Bingo 	10:15 Exercises 27 1:30 Inter. Worship 2:30 Coffee & Chats w/ Cheryl - winter crafts	10:00 Snow Globe Craft 28 10:30 Inter. Worship 2:00 Balance Exercises 2:30 Feet & Footwear Presentation	9:30 Dominoes 29 10:15 Exercises 2:00 Bingo 	7:30 Movie Night 30 