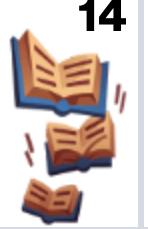


# January 2026

## Trinity Village Terraces

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				NO EXERCISES <b>1</b>	<b>2</b>	<b>3</b>
<b>4</b>	9:30 Mall Walk (meet by KFC)	<b>5</b> 9:30 Gentle Exercises (Chapel) 10:30 RC Mass (Gathering Place)	<b>6</b>	<b>7</b>	<b>8</b> 9:30 Gentle Exercises (Chapel) 10:30 Inter. Worship (Gathering Place)	3:00 Terraces Coffee Social (Gathering Place)
	<b>11</b> Call Ev, 519-576-5665, by noon to order lunch for next week <b>12</b> 2:00 Crafter's Corner (Chapel)	<b>13</b> 7:00 Garbage Pick Up 9:30 Gentle Exercises (Chapel) 10:30 RC Mass (Gathering Place)		<b>14</b>	<b>15</b> KPL Visiting Library (Care Centre) 9:30 Gentle Exercises (Chapel) 10:30 Inter. Worship (Gathering Place) 3:15 Meditation (Unit 58)	<b>16</b>
	<b>18</b> 9:30 Mall Walk (meet by KFC) 10:00 Terraces Resident Photos (Chapel)	<b>19</b> 9:30 Gentle Exercises (Chapel) 10:30 RC Mass (Gathering Place) 10:30 Terraces Resident Photos (Chapel)	<b>20</b>	<b>21</b> 11:30 Terraces Lunch (Chapel)	<b>22</b> 9:30 Gentle Exercises (Chapel) 10:30 Inter. Worship (Gathering Place)	<b>23</b>
	<b>25</b>	<b>26</b>	<b>27</b> 7:00 Garbage Pick Up 9:30 Gentle Exercises (Chapel) 10:30 RC Mass (Gathering Place)	<b>28</b>	<b>29</b> 9:30 Gentle Exercises (Chapel) 10:30 Inter. Worship (Gathering Place)	<b>30</b> 9:30 DrumFit (Chapel)
						<b>31</b>