



## Trinity Village Café October 2025 Menu & Weekly Specials

**Weekly Specials** Open to all Trinity Village community members

Available Monday, Wednesday, and Friday from **8 AM to 2 PM**



# Trinity Village

By Lutheran Homes Kitchener - Waterloo

### WEDNESDAY 1

**Chicken Pot Pie & Hot Veg**  
OR  
Liver & Onions w/ Whipped  
Potatoes & Hot Veg OR Spinach &  
Cheese Cannelloni w/ Bread Stick

Pecan Streusel Cake OR  
Pineapple Tidbits

### THURSDAY 2

Honey Garlic Chicken w/  
Scalloped Potatoes & Hot Veg OR  
Chicken Breast  
OR Roasted Vegetable Lasagna  
w/ Hot Veg & Breadstick

Strawberry Rhubarb Pie OR  
Watermelon

### FRIDAY 3

**Soup & Sandwich**  
OR  
Baked Salmon OR Chicken  
Drumsticks w/ Lyonnaise  
Potatoes & Hot Veg

Maple Chocolate Mania Cake  
OR Apricots

### SATURDAY 4

**Cafe Closed**  
Pork Chop & Mushroom Sauce  
w/ Parslied Noodles & Hot Veg  
OR Chili Con Carne w/ Hot Veg  
& Garlic Bread

Lemon Meringue Pie OR  
Mandarin Oranges

### SUNDAY 5

### MONDAY 6

### TUESDAY 7

### WEDNESDAY 8

### THURSDAY 9

### FRIDAY 10

### SATURDAY 11

**Cafe Closed**  
Roast Turkey w/ Mashed  
Potatoes & Hot Veg OR Broccoli  
Cheese Frittata w/ Hot Veg  
  
Strawberry Shortcake OR  
Mandarin Oranges

**Fish & Fries w/ Hot Veg**  
Crispy Baked Shrimp OR  
Open Hot Hamburger Sandwich w/  
French Fries & Hot Veg  
  
Black Forest Tart OR Fresh  
Grapes

All Beef Hot Dog on a Bun w/  
German Potato Salad & Hot Veg  
OR  
Vegetarian Chili w/ Hot Veg &  
Bread Stick  
  
Citrus Orange Cake OR Mango

**Sausage & Rice Casserole &  
Hot Veg**  
OR  
Baked Chicken w/ Chalet Sauce  
OR Beef Stew / Mashed Potatoes  
& Hot Veg  
Carrot Cake OR Banana &  
Chocolate Sauce

Sweet & Sour Pork  
OR  
Creole Baked Fish w/ Rice Pilaf &  
Hot Veg  
  
Buttertart Square OR Peaches

**Chili & Garlic Bread**  
OR  
Rotini Primavera w/ Alfredo Sauce  
w/ Hot Veg OR Salisbury Steak &  
Gravy w/ Mashed potatoes & Hot  
Veg  
Nanaimo Bar OR Cinnamon Pears

**Cafe Closed**  
Beef Patty on Bun w/ Hot Veg  
OR  
Red Pepper & Basil Frittata w/  
Parmesan Cheese w/ Mashed  
Potatoes & Hot Veg  
Blueberry Crisp OR Crushed  
Pineapple

### SUNDAY 12



### MONDAY 13

### TUESDAY 14

### WEDNESDAY 15

### THURSDAY 16

### FRIDAY 17

### SATURDAY 18

**Cafe Closed**  
Baked Ham in Pineapple  
Sauce OR  
Sole Florentine w/ Scalloped  
Potato & Hot Veg  
  
Luscious Lemon Square OR  
Tropical Fruit

**Cafe Closed**  
OR  
Baked Chicken Breast on a Bun w/  
Hot Veg OR Cottage Cheese &  
Fruit Plate w/ Mini Croissant  
  
Banana Cream Pie OR Pears

Turkey a la King w/ Mashed  
Potatoes & Hot Veg  
  
Buttertart Square OR Crushed  
Pineapple

**Chicken Gnocchi & Hot Veg**  
OR  
Tuna Noodle Casserole w/ Hot  
Veg  
OR Santa Fe Chicken Thighs w/  
Roasted Potatoes & Hot Veg  
  
Lime Meringue Pie OR Fruit  
Cocktail

Cheese Cannelloni w/ Hot Veg  
OR  
Fried Bologna w/ Garlic Mashed  
Potatoes & Hot Veg  
  
Carrot Cake OR Pears

**Spaghetti w/Salad & Garlic  
Bread** OR  
Haddock OR  
Honey Roasted Pork Chop w/  
French Fries & Hot Veg  
  
Triple Chocolate Fudge Cake  
or Stewed Rhubarb

**Cafe Closed**  
Turkey Parmigiana OR  
Shrimp Scampi w/ Buttered  
Egg Noodles & Hot Veg  
  
Vanilla Chocolate Ice Cream  
Bar or Mixed Berrie

### SUNDAY 19

### MONDAY 20

### TUESDAY 21

### WEDNESDAY 22

### THURSDAY 23

### FRIDAY 24

### SATURDAY 25

**Cafe Closed**  
Roast Beef  
OR  
Vegetarian Moroccan Tofu  
Stew w/ Mashed Potatoes &  
Hot Veg  
  
Apple Pie OR Pineapple  
Tidbits

**Cannelloni & Hot Veg**  
OR  
Beef Taco Casserole or Spiced  
Chicken Thigh w/ Rice Pilaf & Hot  
Veg  
Boston Cream Pie OR Pineapple  
Tidbits

Pork Roast w/ Gravy  
OR  
Baked Tilapia w/ Sweet Potato  
fries & Hot Veg  
  
Orange Dream Shortcake OR  
Fresh Grapes

**Beef Nachos**  
OR  
Meatloaf w/ Whipped Potatoes & Hot  
Veg OR Penne Eggplant Parmesan  
w/ Hot Veg & Garlic Bread  
Cherry Crisp OR Pears

Chicken Drumsticks & Thighs  
OR  
Roast Leg of Lamb w/ Parmesan  
Potatoes & Hot Veg  
  
Iced Brownie OR Apricot

**Beef Stew & Garlic Bread**  
OR  
Broccoli Cheese Pasta Bake with  
Sautéed Peppers OR BBQ Ribs w/  
Roasted Potato & Coleslaw & Hot  
Veg  
Vanilla Caramel Swirl Cake OR  
Tropical Fruit

**Café Closed**  
Lemon Pepper Cod OR  
Beef Stroganoff w/ Mashed  
Potatoes & Hot Veg  
  
Apple Pie OR Cantaloupe

### SUNDAY 26

### MONDAY 27

### TUESDAY 28

### WEDNESDAY 29

### THURSDAY 30



### FRIDAY 31

**Cafe Closed**  
Roast Beef w/ Mashed  
Potatoes & Hot Veg  
OR Roasted Vegetable  
Lasagna w/ Caesar Salad &  
Garlic Bread  
  
Black Forest Cake OR Stewed  
Rhubarb

**Perogies & Salad**  
OR  
Marinated Pork Loin w/ Mashed  
Potatoes & Hot Veg OR Macaroni  
& Beef Casserole w/ Hot Veg  
  
Date Square OR Watermelon

Baked Pollock  
OR  
Cornflake Crusted Chicken  
w/ Savoury Diced Potatoes  
& Hot Veg  
  
Iced Banana Cake OR  
Mixed Berries

**Pasta Alfredo & Salad**  
OR  
Liver & Onions w/ Whipped  
Potatoes & Hot Veg OR Spinach &  
Cheese Cannelloni w/ Bread Stick  
  
Pecan Streusel Cake OR  
Pineapple Tidbits

Honey Garlic Chicken w/  
Scalloped Potatoes & Hot Veg OR  
Chicken Breast  
OR Roasted Vegetable Lasagna  
w/ Hot Veg & Breadstick  
  
Strawberry Rhubarb Pie OR  
Watermelon

**Chicken Stir-fry**  
OR  
Baked Salmon OR Chicken  
Drumsticks w/ Lyonnaise  
Potatoes & Hot Veg  
  
Maple Chocolate Mania Cake OR  
Apricots

